



2025 WELLINGTON LONG COURSE CHAMPIONSHIP

2025 Qualifying Times

Male Times						Event	Female Times					
12	13	14	15	16	17&O		12	13	14	15	16	17&O
Freestyle												
0:38	0:35	0:34	0:33	0:32	0:32	50m	0:38	0:37	0:36	0:35	0:34	0:34
1:18	1:13	1:10	1:08	1:07	1:07	100m	1:18	1:16	1:15	1:14	1:13	1:13
2:45	2:30	2:20	2:18	2:16	2:16	200m	2:45	2:35	2:33	2:31	2:29	2:29
5:40	5:10	5:00	4:55	4:50	4:50	400m	5:40	5:25	5:20	5:10	5:05	5:05
10:30	10:30	10:30	10:30	10:00	10:00	800m	11:05	11:05	11:05	11:05	10:45	10:45
20:00	20:00	20:00	20:00	19:20	19:20	1500m	21:20	21:20	21:20	21:20	20:40	20:40
Backstroke												
0:44	0:42	0:41	0:40	0:39	0:39	50m	0:44	0:43	0:42	0:41	0:40	0:40
1:32	1:26	1:25	1:24	1:23	1:23	100m	1:32	1:29	1:28	1:27	1:26	1:26
3:12	2:58	2:53	2:50	2:49	2:49	200m	3:12	3:04	2:59	2:56	2:55	2:55
Breaststroke												
0:49	0:45	0:44	0:43	0:42	0:42	50m	0:48	0:46	0:45	0:44	0:43	0:43
1:42	1:35	1:34	1:33	1:32	1:32	100m	1:42	1:39	1:38	1:37	1:36	1:36
3:30	3:14	3:13	3:12	3:11	3:11	200m	3:32	3:25	3:20	3:19	3:18	3:18
Butterfly												
0:43	0:42	0:41	0:39	0:37	0:37	50m	0:43	0:42	0:41	0:40	0:39	0:39
1:35	1:27	1:26	1:25	1:22	1:22	100m	1:35	1:28	1:27	1:26	1:25	1:25
3:22	3:18	3:10	3:09	3:08	3:08	200m	3:22	3:18	3:12	3:11	3:10	3:10
Individual Medley												
3:12	3:08	2:54	2:52	2:50	2:50	200	3:12	3:08	3:00	2:59	2:58	2:58
6:40	6:30	6:25	6:23	6:20	6:20	400	6:40	6:30	6:25	6:23	6:20	6:20